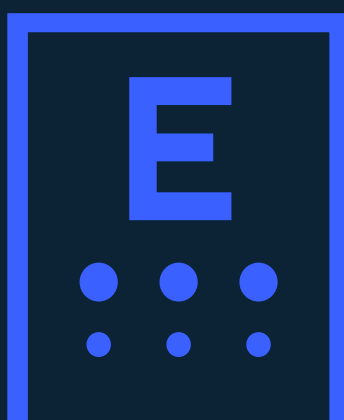


See the Difference Vision Benefits Can Make

Vision insurance can help you save money on eye exams and glasses or contact lenses. It can also help you protect your overall health, mental health, and productivity. Here are some reasons to enroll in vision benefits:



Vision insurance is affordable and may also save money in the long-term.

Vision insurance is affordable and may also save money in the long-term. The cost of vision insurance is relatively low, especially when compared to the cost of other health care benefits. Since vision insurance is an accessible entry point for preventive care, it's one more option to manage your health. Eye exams are about more than the ability to see clearly. This annual healthcare interaction often points out signs of life-changing health conditions before symptoms are apparent—and early intervention is one key to a successful treatment. For example, through an eye exam, doctors of optometry can identify early warning signs and manifestations of more than 270 systemic and chronic diseases including diabetes, high blood pressure, autoimmune diseases and cancers.¹

Vision problems are common.



Nearly **79%** of adults use a form of vision correction.² This means that you are likely to need vision insurance at some point in your life.

Vision problems can impact mental health.³

Vision loss can have an impact on mental health, increasing the risk of anxiety and depression. Vision loss can lead to feelings of isolation, loneliness, and a loss of independence. It can make it difficult to perform everyday tasks, which can lead to feelings of frustration and helplessness.



Vision problems can impact productivity.



If you have difficulty seeing, you may have trouble reading, writing, or using computers. This can lead to decreased productivity and increased errors.⁴

Vision problems can increase safety risks in the workplace.



If you can't see clearly, you may be more likely to have accidents. This is especially true in jobs where there is a risk of falls, injuries, or exposure to hazardous materials.⁵

Enrolling in vision insurance is a wise investment for your health and your career.

vsp
vision care

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