# **Smarter Eye Health Management**



The right vision partner should do five things to help you manage chronic conditions and control your healthcare costs.

## 1. Create a plan that drives utilization

Vision plans can only double as effective preventive care if your employees use their benefit.

### 2. Identify chronic conditions early

Serious chronic conditions like diabetes, hypertension, and high cholesterol can be detected during an eye exam before costly symptoms emerge.

#### 3. Collect actionable data

It's important to collect patient-specific data you can use to improve employee health and lower your healthcare costs.

## 4. Connect employees with your health partners

Sharing patient-specific health data with your health plan or disease management or wellness vendor is critical.

\*If your vision partner only shares aggregate data, you can't take action to enroll employees in programs to help them manage their condition—and help you manage your healthcare costs.

#### Track and share results

Your vision partner should track and share compelling results.

VSP is the only managed vision company who delivers on all five points. And we've got independent research to prove it. Contact your VSP representative today to start saving.

**Eye Health Management** Program<sup>®</sup> **Delivers** 

VSP members have the highest utilization.1

22% more VSP members with diabetes return for an eye exam after we send them a reminder letter if they haven't had their annual eye exam.2

- VSP Providers are often the first to detect signs of chronic conditions:3
  - · Diabetes 20% of the time
  - Hypertension 30% of the time
  - · High cholesterol 65% of the time
- VSP has collected actionable chronic condition data for 2.4 million members.

VSP doctors share patient condition data with PCPs.

Through VSP Smart Data Management<sup>SM</sup> VSP shares HIPAA-compliant data with more than 100 health plans and disease management vendors:

- Diabetes
- Diabetic retinopathy
- · Hypertension · High cholesterol

An independent study showed that for every \$1 invested in VSP exam services, you get \$1.27 back over two years.

Synovate, a leading market research firm, surveyed members of four national vision vendors in 2010 to find out what was most important to them and how their plans compared. <sup>2</sup>VSP Eve Health Management Program Data

<sup>&</sup>lt;sup>3</sup> Human Capital Management Services, Inc. (HCMS) study on behalf of VSP, 2010